

**Topic Overview**

A list of Cardinal training facilities for In-Person Instructor-Led Training (ILT) sessions delivered between July 2022 and September 2022. This document contains a list of all facilities and their respective address and facility details.

As a reminder, please arrive early to allow time to get through security, where appropriate, but some rooms may not be open until 30 minutes prior to training. Follow the mask policies of each building and be respectful in hallways for other meetings, hearings, and classes.

**Table of Contents**

Fairfax.....	2
George Mason University (GMU).....	2
Hampton Roads.....	3
Old Dominion University (ODU).....	3
Richmond.....	4
Cardinal Office .....	4
Department of Accounts (DOA) James Monroe Building.....	4
Virginia State Police – Administrative Headquarters (VSP).....	4
Roanoke .....	6
New River Community College .....	6

**Fairfax**

In-Person ILT sessions for those located in the Fairfax region will take place at George Mason University located in Fairfax, VA.

**George Mason University (GMU)**

4441 George Mason Blvd  
Merten Hall - Room 2001  
Fairfax, VA 22030

**Parking:** Rappahannock River Parking Deck, University Dr, Fairfax, VA 22030. This parking garage is directly next to Merten Hall. Meter parking is available.

Visitor Parking Rates are as follows:

<b>Parking Deck Hourly Rates (Monday – Friday)</b>	
1 Hour	\$3.00
2 Hours	\$6.00
3 Hours	\$9.00
4 Hours	\$12.00
All Day	\$15.00
<b>Meter Hourly Rates</b>	
1 Hour	\$3.00
2 Hours	\$6.00

**Food:** Several On-Campus options nearby.

**Hampton Roads**

In-Person ILT sessions for those located in the Hampton Roads area will take place at Old Dominion University in Norfolk, VA.

**Old Dominion University (ODU)**

5255 Hampton Blvd  
Spong Hall – Room 2402  
Norfolk, VA 23529

**Parking:** Visitors are recommended to use Hourly Parking and it must be paid upon parking. Information about Visitor parking: <https://www.odu.edu/content/odu/about/visitors/parking-information.html>

**Campus Map:** <https://www.odu.edu/about/visitors/campus-map>

**Dining:** Dining options both in Webb Center and Broderick Dining Commons.  
<https://olddominion.campusdish.com/>

**Richmond**

In-Person ILT sessions for those located in the Richmond area will take place at the Cardinal office located in the west side of Richmond, the DOA office located in the James Monroe Building in Downtown Richmond, the Virginia Worker's Compensation Commission located in Downtown Richmond, or the Virginia State Police Administrative Headquarters located in North Chesterfield, Virginia.

**Cardinal Office**

6800 Paragon Place  
3<sup>rd</sup> Floor  
Richmond, VA, 23228

**Parking:** Plentiful free parking is available in the lot across from the building. Please do not park in the visitor or 2-hour parking spaces in front of the building.

**Dining:** Café on first floor, building next door. Many food options within 2 miles.

**Department of Accounts (DOA) James Monroe Building**

101 N 14<sup>th</sup> Street  
2<sup>nd</sup> Floor – Thomas Jefferson Room  
Richmond, VA 23219

**Parking:** Pay to Park is located on 14<sup>th</sup> Street in front of the building. In the event that there are no spaces available, public parking is located two blocks south of the building.

**Notes:** State badge and/or ID is required to enter the building. If you do not have a badge, but a state issued ID, you will need to be escorted by a training team member to the room. If you require an escort to the room please call the front desk at 804-225-3038.

**Virginia State Police – Administrative Headquarters (VSP)**

7700 Midlothian Turnpike  
Academy – Computer Lab & Resource Center Room  
North Chesterfield, VA 23235

**Parking:** At the gate, input code: 003#. Inform the Sergeant on duty that you are headed to the Academy for Cardinal Training.

**Notes:** State badge and/or ID is required to get onsite. Once you enter the building turn left and go down to the end of the hall, then turn right. Continue down the hall and the classroom is on the right hand side labeled "Computer Lab and Resource Center".



**Dining:** Cafeteria onsite. Food options nearby.

**Roanoke**

In-Person ILT sessions for the Roanoke region will take place at either New River Community College located in Dublin, Virginia.

**New River Community College**

5251 College Drive

Godbey Hall 162A

Dublin, VA 24084

**Campus Map:** <https://www.nr.edu/maps/campus.php>

**Parking:** Park in Lots C and D

**Dining:** Offsite